

7th/8th Grade Students

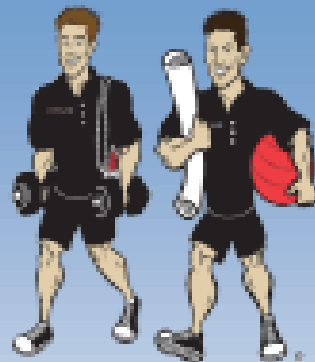
TEEN NIGHT

“FIT, FUN & FRIENDS”

with

GYMGUYZ

GYMGUYZ



#1 in Home Personal Training

Activities Include:

Trust Walk, Military Boot Camp,

Red Light/Green Light,

Web of Compliments

Friendly Competition ~ Team Building

Friday, April 28th

First Group - 7pm to 8pm (arrive at 6:45pm)

Second Group - 8pm - 9pm (arrive at 7:45pm)

The Annie Zusy Youth Center

131 N. Maple Avenue

Online pre-registration is required for this event! Space is limited!

Admission at the door cannot be guaranteed.

Wear sneakers and comfortable clothing.

Refreshments will be served.

\$10 donation requested at the door to support the

Community Center (Village teens only)

Register at www.ridgewoodnj.net/communitypass

**Co-sponsored by
Ridgewood Parks and Recreation and**

201-670-5560

